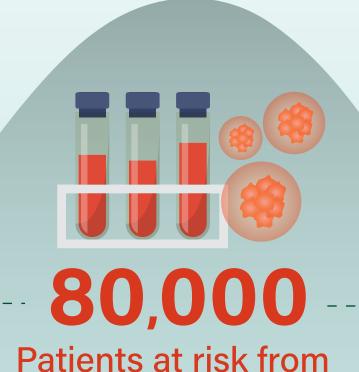
## THE CANCER SHADOW CURVE



Since mid-March 2020, as COVID-19 cases in the United States began to rise, experts noticed another disturbing trend: Cancer screenings, diagnostic tests and treatments were falling dramatically. That continuing trend has doctors and health care experts bracing for a **SHADOW CURVE**—or a surge in new cancer diagnoses and deaths and an increase in advanced-stage cancer cases.



delayed diagnoses

### **COVID-19 AND CANCER**

of cancer patients said their treatments had been affected by the pandemic.1

#### **DECLINES** in visits related to specific cancers<sup>2</sup>

94% Breast cancer

Colon cancer

**Q**4% Cervical cancer

#### **DECLINES** in specific screenings<sup>3</sup>

90% Colonoscopy

**87%** Mammogram

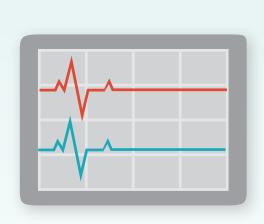
83% Pap smear

### **CLINICAL TRIALS**

80% of U.S. cancer researchers surveyed said COVID-19 has disrupted their clinical trials.

Enrollment rates in clinical trials due to the pandemic.





The National Cancer Institute predicts in excess of

### 10,000 additional deaths

from breast and colorectal cancers in the next 10 years due to screening and treatment delays caused by the pandemic.6

<sup>1</sup> Source: American Cancer Society Cancer Action Network <sup>2</sup> Notes: Figures from March 2020; Sources: Epic Health Research Foundation. <sup>3</sup> Source: IQVIA Institute for Human Data Science report, April 2020 <sup>4</sup> Source: IQVIA Institute for Human Data Science report, April 2020 <sup>5</sup> Source: Nature Reviews Drug Discovery <sup>6</sup> Source: www.science.sciencemag.org, COVID-19 and cancer, June 2020

## STEPS TO TAKE

4 steps you can take to regain control of your cancer care



### **RE-SCHEDULE A CANCELLED VISIT**

If you or your doctor cancelled or postponed a test or treatment, reschedule as soon as possible.



### **SCHEDULE AN OVERDUE VISIT**

If you haven't made a recommended screening appointment, such as a 10-year colonoscopy, call to schedule one.



### **DON'T GIVE UP**

If the first treatment center or hospital you call can't accommodate your request, call others to schedule the screening or treatment you need.



### **KNOW YOUR BENEFITS**

You may be able to choose an out-of-network provider if your in-network options are unavailable. Check with your insurance agent.

# CONCERNED ABOUT YOUR RISK?

Assess your cancer risk with the CTCA® RISK MANAGEMENT TOOL, available at rmt.cancercenter.com. If your risk assessment suggests you should get screened or if you have concerns, consider scheduling your cancer screening sooner rather than later.

