



NEWS RELEASE

**Mechanical Contractors Association
of America, Inc.**
1385 Piccard Drive, Rockville, MD 20850-4340

FOR IMMEDIATE RELEASE

March 5, 2009

FOR MORE INFORMATION:

Adrienne Breedlove
abreedlove@mcaa.org
301-869-5800

Robert A. Lake Elected to MCAA Board of Directors

ROCKVILLE, MD—The Mechanical Contractors Association of America, Inc. (MCAA) elected Robert A. Lake to its Board of Directors during the association's annual convention in Scottsdale, Arizona.

Mr. Lake is the president and chief operating officer of EMCOR Services Mesa Energy Systems, Inc., a full-service HVAC, building automation and retrofit contractor headquartered in Irvine, California. EMCOR Services Mesa Energy Systems is a subsidiary of EMCOR Group, Inc.

He is active in the association on both the national and local levels. At the national level, he serves on the Mechanical Service Contractors of America (MSCA) Board of Managers as well as the MSCA Labor Relations Committee and the MSCA Strategic Planning Committee. He also served five years on the MSCA Marketing Committee.

At the local level, he served as president of the ARCA/MCA Southern California (ARCA/MCA) in 2008, as the group's vice president from 2005 – 2008 and as a member of the ARCA/MCA Board from 2002 – 2005. He also served on the Board of Trustees of the Los Angeles Joint Journeyman and Apprentice Training Program, the Board of Trustees for the Airconditioning and Refrigeration Industry Joint Benefits Funds (Pension, Health & Welfare, Defined Contribution) and as chairman of the Joint Labor/Management MES and MEST Training Committee.

The Mechanical Contractors Association of America, Inc. (MCAA) serves the unique needs of approximately 2,500 firms involved in heating, air conditioning, refrigeration, plumbing, piping, and mechanical service. We do this by providing our members with high-quality educational materials and programs to help them attain the highest level of managerial and technical expertise. MCAA includes the Mechanical Service Contractors of America, the Plumbing Contractors of America, the Manufacturer/Supplier Council, the Mechanical Contracting Education and Research Foundation and the National Certified Pipe Welding Bureau.

###